



CLUBS & ORGANIZATIONS

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Adoption

KidsFirst Adoption Services -- 6 a.m.-8 p.m. St. Luke's United Methodist Church, 100 W. 86th St., Indianapolis. Informational sessions on adopting international children. (317) 843-2300.

Breastfeeding

CARMEL LA LECHE LEAGUE — 10 a.m. first Friday, St. Vincent's Carmel Professional Building, 136th and Meridian Streets. An international, non-profit, non-sectarian organization dedicated to providing education, support and encouragement to women who want to breast feed. Becky, (317) 581-1382 or Heather, (317) 581-1299.

LA LECHE LEAGUE, NORTHWEST INDIANAPOLIS — 7 p.m., second Tuesday, Chapel Rock Church. A non-profit international organization helping mother breastfeed through mother to mother support, encouragement, information, education and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother. Belinda Bohnert, (317) 484-1141. www.lalecheleague.org

Exercise

MOMS IN MOTION— 7 p.m. May 24, 315 Chris Court, Noblesville. A women's health and fitness community based on fun, fitness and philanthropy. Women of all ages and ability join a fitness team that meets their current needs. (317) 695-1532. E-mail: mmoseley1@aol.com Web site: <http://www.momsinmotion.com>.

THIRTY OVER 30 DANCE CLUB — Performing Arts Center of Carmel, 575 W. Carmel Drive. Tap and jazz beginning in the fall. (317) 844-9131.

ZIONSVILLE PLAYGROUND JOGGING BUDDIES — 3:40 p.m. Tuesdays, Boys & Girls Club of Zionsville, 1575 Mulberry St. Group will jog along the Zionsville trail. Rebecca Holloway, (317) 840-6975.



For mom and child

Mothers of Preschoolers, 6:30-8:30 p.m. Central Christian Church, 1242 W. 136th St., Carmel. Tracy Maymon, (317) 569-9850.

NORTHEAST COMMUNITY CHURCH MOTHERS OF PRESCHOOLERS (MOPS) — Northeast Community Church, 9959 E. 126th St., Fishers. Support network of women who share the common bond of preschool age children. Offers tips and discussion about parenting and marriage. Call Lori Fogerty, (317) 841-0827. E-mail: Lori.Fogerty@sbcglobal.net

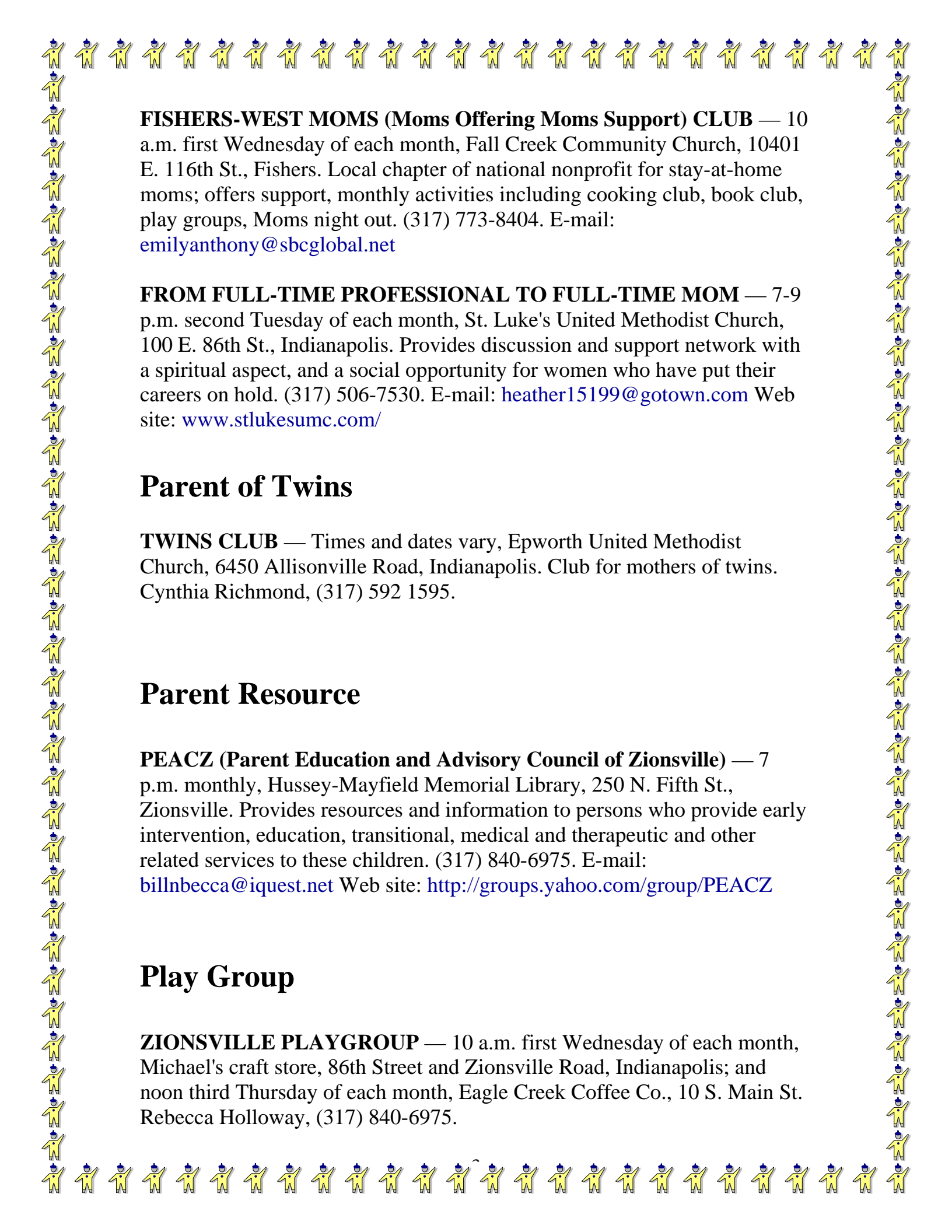
NORTHSIDE STAY-AT-HOME MOMS Meeting dates and times vary. (317) 849-6769. E-mail: bemontgomery@insightbb.com
Web site: <http://groups.yahoo.com/group/northsideSAHM/>

MOTHERS & MORE, ZIONSVILLE/NORTHWEST INDIANAPOLIS CHAPTER — 7 p.m. first Monday of every month, Zionsville Presbyterian Church, Room 201, 4775 W. 116th St. Mothers' support and advocacy includes playgroups and Mom's Night Out. (317) 769-7724. E-mail: cmgoebel99@aol.com Web site: www.geocities.com/indymoms

CARMEL EAST MOMS CLUB — 9:30 a.m. first Wednesday of each month, Carmel Lutheran Church, 4850 E. 131st St. Provides stay-at-home moms and children with social activities and support. (317) 414-7688. E-mail: jenn_mann@hotmail.com

MOMS CLUB OF CARMEL-WEST — 9:30 a.m. second Wednesday of each month, Orchard Park Presbyterian Church, 1605 E. 106th St. Local chapter of national nonprofit for stay-at-home moms; moms meet regularly for activities and playgroups. Kate Shively (317) 460-9930.

MOMS CLUB OF INDIANAPOLIS-MERIDIAN HILLS — 1 p.m., the first Thursday of the month, the Nora Library, 8625 Guilford Ave. Local chapter of worldwide nonprofit for at-home mothers; serves the Meridian Hills/Nora area; offers support, activities, play groups, Moms Night Out. (317) 902-2604.



FISHERS-WEST MOMS (Moms Offering Moms Support) CLUB — 10 a.m. first Wednesday of each month, Fall Creek Community Church, 10401 E. 116th St., Fishers. Local chapter of national nonprofit for stay-at-home moms; offers support, monthly activities including cooking club, book club, play groups, Moms night out. (317) 773-8404. E-mail: emilyanthony@sbcglobal.net

FROM FULL-TIME PROFESSIONAL TO FULL-TIME MOM — 7-9 p.m. second Tuesday of each month, St. Luke's United Methodist Church, 100 E. 86th St., Indianapolis. Provides discussion and support network with a spiritual aspect, and a social opportunity for women who have put their careers on hold. (317) 506-7530. E-mail: heather15199@gotown.com Web site: www.stlukesumc.com/

Parent of Twins

TWINS CLUB — Times and dates vary, Epworth United Methodist Church, 6450 Allisonville Road, Indianapolis. Club for mothers of twins. Cynthia Richmond, (317) 592 1595.

Parent Resource

PEACZ (Parent Education and Advisory Council of Zionsville) — 7 p.m. monthly, Hussey-Mayfield Memorial Library, 250 N. Fifth St., Zionsville. Provides resources and information to persons who provide early intervention, education, transitional, medical and therapeutic and other related services to these children. (317) 840-6975. E-mail: billnbecca@iquest.net Web site: <http://groups.yahoo.com/group/PEACZ>

Play Group

ZIONSVILLE PLAYGROUP — 10 a.m. first Wednesday of each month, Michael's craft store, 86th Street and Zionsville Road, Indianapolis; and noon third Thursday of each month, Eagle Creek Coffee Co., 10 S. Main St. Rebecca Holloway, (317) 840-6975.



Sign Language

INDIANAPOLIS SIGNING TIME PLAYGROUP Meeting dates and times vary. The group is a place for parents who sign with their infant and toddlers to talk to other parents. In addition to a message board, the playgroup also offers group activities so that children can meet other children who also sign. All ages and signing abilities are welcome. (317) 849-6769. E-mail: bemontgomery@insightbb.com Web site: <http://groups.yahoo.com/group/IndySigningTimePlaygroup/>

Single mom

SINGLE MOMS — Date and time to be announced, 1331 Hannibal St., Noblesville. Support for single moms. (317) 903-9832. E-mail: lynn81478@yahoo.com

Volunteer

Kiwanis Club of Carmel/North Indy Families, 6:30-7:30 p.m. St. Mark's United Methodist Church, 4780 E. 126th St., Carmel. Family centered, hands-on group with local service projects and family focused volunteer opportunities. Baby-sitting provided. (317) 875-8755, ext. 171.

CITIZENS FOR GREENSPACE — 7 p.m. third Monday of each month, John W. Hensel Government Center, 10701 N. College Ave., Home Place. Mission is to improve environment through community green-space projects and education. President is Carolyn Wright. (317) 843-9572.

CROSSROADS KIWANIS CLUB OF INDIANAPOLIS BREAKFAST CLUB — 7-8 a.m. Wednesdays, Perkins Restaurant and Bakery, 5320 E. 82nd St. (at Allisonville Road). Breakfast and a guest speaker are at each program. Main focus of service organization is on children. Assists Riley Hospital for Children. Vivian Wright-Defrees, (317) 596-0707. E-mail: vwrightdefrees@successdevelopment.biz



Welcome Committee

NEWCOMERS CLUB OF CARMEL — Meets monthly. Friendship club open to women in Carmel and surrounding area. Call for meeting times and places. Answering service: (317) 252-9282.

NEWCOMERS CLUB OF GREATER INDIANAPOLIS — second Thursday. A nonprofit organization that promotes fellowship for newcomers to the greater Indianapolis area and other interested persons and supports selective civic or charitable projects. The group holds monthly luncheon meetings. Delores Gotshall, (317) 577-2876, or Ruth Panelli, (317) 846-2196.